

# **NILAM BECAME AN EXAMPLE FOR HER VILLAGE**

## **Before Intervention**



**Kneeling position at her door step**

**NILAM MAHAKUD** a differently abled girl of **Haridagotha**, a tribal Village of Kendujhar. She is Spastic Cerebral palsy, quadriplegic girl. She belongs to a socially and economically backward family. Her father is a daily labour, her mother is a homemaker. They are three sisters and Nilam is elder of them. When her mother was six months of pregnancy she faced an accident in the form of electric shock and after one day of her birth she was suffered from severe convulsion. Her parents taken her for treatment in a Medicine Man of their village but

they do not get such good results. Instead of taking medical they go to the village quack and they are fully believed in superstitions, that it is a curse. After her birth Nilam was not fully accepted by her family members. When she grown up she couldn't perform her ADL activities, she is totally depended on her family. Day by day she and her family face so many problems due to her condition. Due to financial scarcity they are unable to treat their child for her betterment. After that her family harassed psychological depressed and thought there is no such improvement taken place for their child. Nilam is stay in a miserable condition for a long time.....

## **During Intervention**



**Abduction stretching exercise**

When our organization (SADBHABANA) intervate in their family we came to know, that Nilam is suffering from disability. After counselling



**Hand coordination exercise**

her parents we came to know that they are fully ignored about their child's condition. When SADBHABANA Members are observed and assess the to know that she is a Spastic CP legs and trunk are affected. She is another. She is totally dependent on day life. She has no basic education at



Our Organization treatment like stretching exercises, kneeling, quadripod positioning and spasticity or tightness, strengthen the and improve muscle strength at the SADBHABANA Special Educators moves to the house of the child for special Education. Psychologist for counselling the child and her parents and community also for acceptance of child. Through occupational

SADBHABANA Special therapist given strengthening exercise, kneeling, half-electrical stimulation for reduce muscle power, improve coordination door step of the child. Our

Psychologist for counselling the child and her parents and community also for acceptance of child. Through occupational

therapy we can improve her small muscles like - fine motor skill development, Hand therapy, ADL Activities, Range of motion exercise, coordination exercise and prevention of further deformities .we also provide special education to her such as Personal skills, Social skills, Academic skills, Occupational skills and Recreational skills.

## After Intervention



After four years of therapeutic and special educational intervention now the child is able to do Her ADL activities independently, Her socialization skill also developed ,Basic education like colour concept ,number concept , addition , subtraction multiplication table, identification and function of body parts , Identification of fruits, vegetable, birds , animals, flowers, days of the week , months name etc. now she became the part of disable SHG formed by our organization. She is actively participated in different

vocational training programmes organised by our organization which has sponsored by S.V.NIRTAAR, Olatpur cuttack.

Now she is able to cook for her family, washing her clothes, clean the house and help in other works of her family.

## Conclusion

After intervention of our organization we are able to remove the social stigma in which the entire family was before. The superstitions & beliefs by her family and community that disability is a curse and they can't do anything in her/his life. After seen the achievements of Nilam, her family and communities change their views about this and believe that **“Disability is not a curse but it is a condition”**.

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