



ACTIVITY REPORT



SADBHABANA



Address- Prayas Campus, At/Po- Naranpur, Keonjhar-758014
sadbhabanakeonjhar@gmail.com
www.sadbhabana.org



SADBhabANA ACTIVITY AT A GLANCE.....

Sadbhabana is an ISO (1900-2015) certified organization Regd. **Under Society registration Act 1860, PWD Act 1995, National Trust Act 1999, JJ Act and Income tax** that have been continuing its sincere efforts to bringing equality, social justice, and economic empowerment in the lives of the poor, downtrodden and specially Dibyangs, children, women and tribal of Odisha. SADBhabANA believes in principles like transparency, social audit system and participatory approach to make its objectives fruitful. Mainly it has concentrated on different action oriented programme and spends lots of time in generating awareness among the people. The major areas of its activities are.....

Special School for Children with Intellectual Disabilities



Sadbhabana is running an institutional based rehabilitation center for children with mentally retarded named PRAYAS at Naranapur, Keonjhar since 2008. The main purpose is to make them independent and a self reliant citizen of the country and it also takes the key role in their lives to make them stand on their own feet. This is the only institution of its kind in the district. 90 mentally retarded children are residing in its campus. 6nos of special teachers and 8 no of caregivers always engaged for the overall development of these children. Regular health checks up and different

therapies like Physiotherapy, Speech Therapy and occupational Therapy provided to the children. Marshal Art, yoga and song teacher engaged for the recreational activities of the children. Besides education we provide the children different activities of daily living skills, life skills, co-curricular. To create sporting sprits in their minds, every year annual sport is conducted by the school. During summer vacation our special teachers visit the homes of the children and counsel the parents and train them how to take special care of the children and how to practice activities of daily



living skills under home based disability management programme. A parents counseling center runs inside the school campus regularly for better result. Vocational products like phenyl, candles and agarbatti made by our children are exhibited every year at Palishree Mela at Bali yatra Cuttack and also at Kendhujhar Mahochhaba, Kali padia, Keonjhar. This year on the occasion of International day for the disabled our students participating in the district level competitions became the champion and received Shield in the hands of the Hon'ble Collector, Keonjhar Shri Asish Thakre (IAS) The children and staffs too observe different national and international days and also enjoy social festivals.



During Covid-19 Pandemic period the Professionals of this Institution have given their best efforts deliberately for special education, therapeutic interventions at the door steps of the beneficiaries. Sometimes the teachers made an attempt for online education to the children having android system phones. Other than this the students are connected to whatsapp & zoom mode for special education.



Special School for Children with Cerebral Palsy

Initially Cerebral Palsy School is functioning wef. 2017 and it has approved by the Govt. of Odisha during the educational year 2021-22. The student's strength of the Cerebral Palsy School



is 30 and provided Educational & Therapeutic interventions through our Professionals.



THERAPEUTIC & REHABILITATION CENTRE

With the support of SSEPD Govt. of Odisha we running a Therapeutic and Rehabilitation unit at Naranpur, Keonjhar 50 no of Intellectual Disable reside in this centre. We are providing them different therapy and vocational training to inmates for the rehabilitation and mainstreaming them. Through this project beneficiaries those who are not doing their ADL activities, properly coordination problem, weakness, spasticity or deformity, speech problem. After getting different Physical exercise, massage , heat and cold treatment, gait training and MST, Speech therapy etc in their unit now a days they are



able to perform their day to day activity. Apart from this, they develop their personal, academic and social skill area, occupational and recreational activity. After getting vocational training the beneficiaries able to prepare phenyl, Agarbati and candles. It helps them to prove as earning members of the family. Over all, mental, physical, social, vocational and economic usefulness is the impact of the Whole programme.



GHARAUNDA (A shelter home for PWDs and CWSNs)

We running Gharaunda centre (A shelter home for PWDs and CWSNs) at Raisuan, Keonjhar since 2017 with the support of NATIONAL TRUST, New Delhi. In this centre we provide physiotherapy, educational, Speech therapy, vocational Training. Apart from this also we are working their livelihood and how they turned in a earned person in their family.





Community Based Rehabilitation (CBR) Programme

Under Community Based Rehabilitation Programme SADBHABANA covers 68 numbers of beneficiaries of different categories like, Intellectual Disability, Cerebral Palsy, Multiple Disability, Hearing Impairment, Speech & Language Problem etc. at Jhumpura Block of Keonjhar District. Under this programme we are providing various



interventions like Physiotherapy,

Special Education, Vocational Training etc. Through this programme we are able to educate the beneficiaries,

improve their Activities of Daily Living, physical fitness, aware the parents as well as the



community, develop family & community acceptance, community participation, social inclusion etc. With the



help of local resources we are prepared low cost assistive devices like; parallel bar, mobility training equipment, balance 8, punching bag, theraband, weight cup by using of Bamboo, Coconut row, tyre, Water Colour, Cycle tube, Old clothes, Sand etc. according to the condition & need of the child. We also prepare Disable friendly environment like; Ramp for easy access of wheel chair. During this year we have been



conducted 11 no of Parents Meeting at 8 villages of Jhumpura Block. We are distributed Medicine & Hygienic kit to 68 Beneficiaries every month. We are facilitated 33 no of UDID Certificate, 30 no of



Covid vaccination, 28 no of Bus pass & Disable Identity cards. The entire programme was well conducted by Programme Manager, Physiotherapist, Special Educators, Field Coordinator & Divyang Sathi.

Physiotherapy Seva Kendra for Senior Citizens



A free Physiotherapy Seva Kendra was opened by Sadbhabana on 15 August 2019 at Naranpur, Keonjhar for the Senior Citizens having Back pain, Knee pin, Shoulder pain, Ankle pain, Foot pain, Spondilises, Wrist pain, Osteoarthritis etc. In that day we organized a physiotherapy camp at our centre to diagnosis, counseling & treatment of the most valuable group of the society, where more than 70

no of senior citizens were presented. From that day we had continuing that seva kendra for the benefits of those elderly people. Now there are 27 no Senior Citizens are continuing their physiotherapy treatment in our seva kendra.



Distribution of Aids & Appliances

On dated 11th Oct 2021 SADBHBABANA the leading organization of Keonjhar District which was working for the Rights of the PWDs with the joint collaboration of Jiv Daya foundation distributed aids & appliances ie. wheel chair & tricycle to 27 needy differently able persons at the campus of Prayas



School for Mental Retardation Naranpur, Keonjhar. In this programme DSWO Mrs. Anusaya Sahoo, DSSO Mr Jagannath Mudi, Mr Suresh Kumar of Goonj New Delhi, ADSWO Mr Gunakar Das, Rotarian Anirudha Saha, Rotarian Sudhanshu Shekhar Pattanaik, Rotarian Binay Bhusan Pattanaik, Rotarian Bijay Kumar

Behera, President of Sadbhabna Mr Bidhu Bhusan Pattanaik & Advisor Mr Pramod Kumar Das presented there as honorable guest. How to avail Govt. schemes & facilities for the children & person with disabilities & how to establish their Rights are the main discussed topics of the

honorable guest towards the parents of the children & person with disabilities. Then cultural programmes are performed by our inmates.



5 -Days Non-Residential Physiotherapy Camp for CWSNs

With the Co-ordination of Samagra Sikhya, Keonjhar 5 Days Non-Residential Physiotherapy camp for CWSNs was held in 6 blocks named Patna, Saharpada, Ghatagaon, Harichandanpur, Jhumpura, Telkoi from 23.10.2021 to



24.11.2021. A total no. of 120 Cerebral Palsy Beneficiaries are identified for therapeutic interventions by our Physiotherapists and Special Educators.



3- months Vocational Training Programme

SADBHABANA organized a 3 months Vocational Training programme from 01.12.2021 to 28.12.2022 with the support of Neheru Yuva Kendra, Keonjhar at SADBHABANA



Community Resource Centre, Nahabeda jhumpura Block of Keonjhar District .



On dated 1st Dec 2021 the programme was inaugurated by Mr. Pramod Kumar Das ,Programme Advisor of SADBHABANA (Rtd. Additional District Social Welfare Officer) . Mrs .Tulasi Mahanta SHG leader of Nahabeda village was also present. In this programme more than 25 nos. women and adolescent girls are present . Mr.Pramod Ku Das told about the objective of this training programme and how to

became self independent in their day to day life

After the meeting 25 nos.of women and adolescent girls are shown their interest and willing to participate in this 3 months Vocational Training programme where Phenyl ,Dish wash and



Agarbatti making are decided to taught .During this period the trainer Mr. Kanhu Charan Pradhan trained the participants how to make these products, how to link the market and became self independent.

After completion of 3 months Vocational Training programme on dated 28th Feb 2022 certificates are distributed among the trainees .



Micro Enterprises Development Programme

With the support and sponsorship of NABARD, SADBHABANA organized Micro Enterprises Development Programme (MEDP) at Sadbhabana Community Resource Centre, Nahabeda, Jhumpura Block of Keonjhar District from 20th January 2022 to

30th January 2022. In this 10days Training Programme



30nos. of women of 15nos. of different Self Help Groups are take the Phenyl and Dish wash making training by obeying the Covid Protocols. On dated 20th January 2022 this MEDP Training Programme was inaugurated by the Social Activist & Trainer Mr. Bhakta Batshal Mohanty.

Besides, President & Secretary of Farmers Producer Organization Mrs. Malati Mohanta & Mrs. Tulasi Mohanta respectively, Master Trainer Mr. Mahendra Kumar Sahoo were present there. In

their inaugural speech all the trainees are requested to take the best opportunity to enhance their skill so that the trainees can establish their own unit in their respective household and become self reliant in their financial condition so also to lead a market orient business in their nearest market & shops.

On dated 1st February 2022 Mr. Rabindra Narayan Mahali, Lead District Manager and Shri Pitabas Mahapatra of Bank of India visited to the MEDP training. In his delivering speech towards the trainees he was given information about how to get loan from Bank after completion of their training and became an earning member of their families.



On dated 30.01.2022 in the closing ceremony of the Micro Enterprise Development Programme(MEDP) District Development Manager (DDM) of NABARD Mr. Diptikant Mallick visited as Chief Guest to Sadhabana Community Resource Centre, Nahabeda, Jhumpura Block of Keonjhar. Another Guest Mr. Bhakta Batshal Mohanty, Social Activist was also presente there.



During his visit DDM, NABARD interact with the trainees and motivate them how to become self sufficient and earn money for their family. End of the meeting, certificates are distributed among the trainees by the DDM, NABARD. The 10days MEDP training on Phenyl and Dish wash making was successfully completed with the support of NABARD & effort of SADBHABANA.

Programme on Child Rights:



We have form 4 no of child clubs and 2 nos kisor Mandal at Jhumpura block of keonjhar district. Regular activities and meeting conducted by our field staffs, apart from this we organize training and counselling sessions of the child club member. Staff orientation training on child rights is given to our staff.



Skill Development Day SADBHABANA, Keonjhar

The Skill Development Day is observed by the SADBHABANA organization on dated 18th January 2022 at 11a.m in the office of SADBHABANA Community Resource Centre at Nahabeda, Jhumpura with the Joint effort of NYK, Keonjhar.



During the celebration
functionaries
of Farmer's
Producers

Group, Members of WSHG, Trainees of Vocational Training Programme, Women Entrepreneur were present. Mr Chandi Prasad Pattanaik, Secretary, SADBHABANA presided over the meeting.



At the outset welcoming all the Participants Secretary highlighted the importance of Vocational education in present context especially in improvement of rural economy recently published revealed that nearly 300million people in the age group of 18-50 are unemployed in the sense do not have marketable skill. The other Guest from FRO, Tulasi Mahanta (President), Malati Mahanta (Secretary) & the Master Trainer Kanhu Charan Pradhan are emphasis on skilled development of everyone.



Therefore SADBHABANA organization through their professionals and help of line departments different type of skill with knowledge how to enable the rural youth and women self employment. As such the trainees will no more dependence on parent's income and will give a better position in final status of their family.

In this context 90days training session on Phenyl and Dish wash making supported by NYK, Keonjhar is completed with 30 trainees as discussed. The participants explain their views on acquiring skills on such vocational education through

available local products. It was also stated that after completion of their training there is provisioning of issue of (Certificate of Training). A demonstration on preparation of phenyl and dish wash exhibited by the trainees to the participants.

Youth orientation programme

On dated 3rd February 2022 a youth Orientation Programme was organized by SADBHABANA in joint collaboration with Neheru Yuva Kendra Keonjhar at SADBHABANA Community Resource Centre ,Nahabeda, Jhumpura block of Keonjhar District .Mr.Dipti Prakash Maharana, Mr.Prashant



Kumar
Biswal,
Dr.Ramayan
Mishra,

Mr.Mahendra Kumar Sahoo are presented a Guests of the programme.



This Programme was totally meant for the youths motivation and encouragement .Mr.Prashant Biswal told about how the young mass engaged themselves in deferent type of works by getting various training like,phenyl, Diswash, Agarbatti making, became self reliant and an earning member of their family as well as the society. Mr. Dipti Prakash Maharana told the youth about their roll and responsibilities for the society .They are the futures of society and the financial status of the country became strong /enhanced when the youth mass activity participated and engaged themselves in various productive work .



Vaapsi (Bringing back to Livelihood)

Due to aggravate of COVID-19 pandemic situation most of the people were lose their jobs, those are stayed outside of the state. Due to scarcity of jobs they are came back to their home town. During this period (one & half years) they are unable to collect 2times meal for their family. Their standard of living was worsen day by day.

At that time a survey programme was decided to be done by SADBHABANA. During this survey we are selected 2 G.Ps & the Survey team make the situation analysis of the people. The team dictated 14 no of eligible Beneficiaries & decided to distribute livelihood kits to these needy people.

On dated 5th August 2021 SADBHABANA organized a programme for Livelihood kit

back to Nahabeda



distribution under Vaapsi (Bringing Livelihood) at Panchayat office, Panchayat of Keonjhar District. Ms.



Madhu smita Das,



Block Programme Manager, Odisha Livelihood Mission, Govt. of Odisha was joined as Chief Guest on this Occasion. First of all she gave her gratitude to Goonj for its noble support to the needy people. Then 8 no of Mason kits, 4 nos of Carpentry kits, 2 no of Electrician kits were distributed to 14 beneficiaries of

Nahabeda Panchayat, Keonjhar.

School to School Programme

With an objective to create competitiveness, punctuality, love for environment, to maintain cleanliness in surroundings & preparation of Kitchen garden etc. "School To School Programme" have been organized at



State Brigade School, Naranpur, SADBHABANA Therapeutic and Rehabilitation Center, Naranpur, Adruta Children Home, Naranpur, RVDO, Telkoi & SRM, Anandapur, Keonjhar. The students had participated in different activities like, Debate Competition, Drawing, Dance, Gardening and School environment cleaning etc.

Dignity for Work

During this year total 14 no of Dignity for Work Activities are done at 14 no of villages of Keonjhar District. Under this programme different activities like; School & Village environment cleaning, pond cleaning, drain cleaning, changing room making, repair & maintenance of village connectivity road etc. with the help & participation of village women SHG members. After completion of work Home Utility kits are distributed among the participants for encouragement.



Health Worker Kit & PPE Kit Distribution



During this year total 391 no of Health worker kits & PPE kits are distributed among the Health Workers & Medical Professionals like; Doctors, ANM, ASHA, Anganwadi Worker etc. for their safety, protection, fear less job and make their work easier.



Health Check-up Camp

In this Covid-19 Scenario due to the financial scarcity parents are unable to provide health check up to their children .Due to that the health condition of the beneficiaries are deteriorated day by day .For this reason on dated 27th january 2022 a Health check up camp was organized by SADBHABANA at Bhinnakhyam Seva Kendra Nahabeda, Jhumpura block of Keonjhar



District .In this

camp Medical Officer of Jhumpura CHC Dr.Sobhini Priyadarsani was attended there to check up the 30 nos.of beneficiaries covered under Community Based Rehabilitation Programme named Dussera of Goonj, New Delhi.On that day the Medical Officer diagnosed all the 30 nos.of beneficiaries and prescribed medicines for them as

per their need . The entire programme was well organized by all the staffs of SADBHABANA.On the next day the Special Educators and Divyanga Sathis of SADBHABANA distributed the prescribed medicines by the Medical Officer at doorstep of the beneficiaries.

Opening of Bhinnakhyam Seva Kendra

The new branch of SADBHABANA “Bhinnakhyam Seva Kendra” at Nahabeda, Jhumpura Block of Keonjhar District was functional on dated 1st December 2021. The main objective of this Seva Kendra is to facilitate and participation of PwDs in different programmes of Govt. and keep liaison with different line departments of this District. Mr. Jagannath Mudi, DSSO, Keonjhar inaugurated the centre.



Assessment & Identification Camp for Artificial Limbs by Advanced Rehabilitation Centre, Keonjhar

With the cooperation of Advanced Rehabilitation Centre (ARC) Keonjhar. Identification assessment to 35 PWDs Beneficiaries through the Professionals. Out of 35 beneficiaries 6 nos. of beneficiaries assisted for Motorize Wheel Chair, 5 nos. are assisted for below knee prosthesis, 1 no for above knee prosthesis, 2 no sole raise.



Parents Sensitization Programme

In this year SADBHABANA was conducted 20 no of parents sensitization meeting in different villages of Keonjhar District by obey the covid guide lines. The main aim of these programmes are aware the PWDs and their parents / care givers about the benefits of 'Early Identification' in case of physical disabilities of children in the community, improve family acceptance, reduce the



growth of disability etc. It refers to recognize developmental milestones in children. This can be understood as quick recognize of difficulty, identifying and making prompt

intervention to support children and their families so that issues are countered before they become more aggravated. Focus should be mainly given upon the children with Special needs between age group of 0-6 years by way of special intervention services.

Other Activities

- Dry Ration kits are distributed among 25nos. of Poor, Needy, Homeless families of Chhotu sahi, Kashipala village of Jhumpura block those are affected by Yaas Cyclone on dated 27.05.2021.
- During the current year in every weekend shutdown SADBHABANA distributed 500 packets of hot cooked meal to the street beggars, mental ill persons, street animals (Cow, Bull, Dog etc.), relatives of Covid affected patients in front of Covid hospital & District Medical, Keonjhar.
- SADBHABANA regularly distributed hot cooked meal to 20nos. of street beggars & Differently abled persons. Sadbhabana also distributed masks, blankets & mosquito nets to them.



on 2nd April 2021 inside mentally Retarded & Naranpur, Keonjhar. Sagarika Das, Sujit what is Autism, how to Autistic child and their various problem behavior, role of parents and rehabilitation. In the morning an awareness rally moved around Naranapur to aware the public about the disability. In the afternoon a signature campaign was held at Prayas school campus.

WORLD AUTISM DAY-2021



World Autism Day was observed by Sadbhabana Rehabilitation Centre for cerebral Palsy at Sushri Sangita Deo, Kumar Majhi described know that he /she is a





Swachhata Pakhwada



A Swachhata Pakhwada programme was held on dated 1st Aug 2021 at Sadbhavana Rehabilitation Centre, near Naranpur over



bridge in joint collaboration with SADBHAVANA and Nehru Yuba Kendra, Keonjhar. In the



morning at 6.30 am registration was started. At 7.30 am Shramadaan programme was completed by the staffs of Sadbhavana, volunteers, parents, SHG members, Teachers, Youth club members etc. With the



help of all those the connecting road of Sadbhavana Rehabilitation Centre near about 1 to 1.5 k.m. was cleaned. At 10 am a Rang Bharo competition regarding swachhata was held among the inmates of Sadbhavana Rehabilitation Centre. Inauguration of programme by the guest by candling the lamp. Introduction of Guests & meeting preside by Mr. Chandi Prasad Pattanaik, Secretary Sadbhavana. Encouragement speech was given by all the presented guests. After that prizes are distributed among the winners of Rang Bharo competition by the Guests. Then cultural programme was performed by the inmates of Sadbhavana in front of guests. Plantation programme was done by the guest at Rehabilitation Campus.

TEACHER'S DAY



On dated 5th September 2021 SADBHABANA celebrated Teacher's day at SADBHABANA Therapeutic & Rehabilitation



Centre, Naranpur, Keonjhar. A meeting was organized at our centre in the presence of students & staffs. Firstly Students offered flowers in the photo of Dr. Sarvepalli Radhakrishnan, the President of India & great Educationist of India & worshiped in the presence of their teachers. Then teachers are worshiped by our student. Then the teachers delivered their speech about the importance of observation of teacher's day. At the end of this program chocolates are distributed among the children.



World Physiotherapy Day



The World Physiotherapy day was celebrated by SADBHABANA on dated 8th September 2021 at SADBHABANA Therapeutic & Rehabilitation Center, Naranpur, Keonjhar by the students and staffs of SADBHABANA. In this programme a meeting was conducted.

Discussed about what is

physiotherapy, what are the role of physiotherapy in our day to day life, what are it's benefits & for whom it will be suggested etc.

After that staffs & children jointly cut the cake then chocolates & cake distributed among the children.



International Day of Older Persons

On dated 1st October 2021 the International Day of Older Persons was observed by Sadbhabana at Prayas Campus, Naranpur, Keonjhar. On this Occasion a physiotherapy camp was organized, where more than 30 Senior Citizens are presented. Sj. Prafulla Kumar Deo was the Chief Guest of this camp/programme. Both the Physiotherapists of Sadbhabana Dr. Sradhanjali Paikaray & Dr. B.Subhasree Priyadarsini are presented there. They created the awareness among the older persons about the joint pain, their causes and how to free from these problems. They also provide treatment for their problems.



World Cerebral Palsy Day

The World Cerebral Palsy day was observed by SADBHABANA on dated 6th October 2021 at SADBHABANA Therapeutic & Rehabilitation Centre and Haridagotha village of



Naranpur GP of Keonjhar District.

A meeting was organized at our centre in the presence of physiotherapists, special educators,



staffs & students. In that meeting our

specialists are discussed about the Causes, sign & symptoms of the cerebral palsy children. After the discussion chocolates & Cake are distributed among the children.

Another meeting was organized at Haridagotha village, Naranpur GP of Keonjhar District. In this meeting SHG members, Ward members, Anganwadi workers are presented. Jema Mahakud, the ward member of that village was the joined this programme as chief guest. The physiotherapist of SADBHABANA Dr B. Subhasree Priyadarsini discussed about the expected Causes, sign & symptoms of the cerebral palsy and how to taken care of the children & persons with Cerebral Palsy. Sunita Mohanty the Programme Manager of Sadbhabana was given the



by

information about Govt. schemes and facilities for them. Lastly Nilam Mahakud a person with Cerebral Palsy was felicitated Sadbhabana due to create an example for Keonjhar District and became an earning member of her family and society.

WORLD MENTAL HEALTH DAY

The World Mental Health day was celebrated by SADBHABANA on dated 10th October 2021 at SADBHABANA Therapeutic & Rehabilitation Center, Naranpur, Keonjhar. A meeting was organized at our centre in the presence of Physiotherapist, Special Educators & Inmates of our organization. The main objective of this day is to raise awareness of zmental health issues & to mobilize efforts in support of mental health.



This year Theme of this day was “**Mental Health care for All: Let’s make it a Reality**”

Then our students performed dance & enjoyed this day fully.



INTERNATIONAL DAY FOR GIRL CHILD

The International Day for Girl Child was observed by Sadbhabana on dated 11th October 2021 at Haridagotha village, Naranpur GP of Keonjhar. In this Programme more than 50 Women are presented there. The Ex. Ward Member of that area Smt. Padmini Mahakud was presented there as Chief Guest. Sunita Mohanty and Damayanti Mahanta of Sadbhabana both are discussed about the Care & Protection of Girls, Child Marriage protection Act, Girls Education, Health, Safe motherhood etc. Along with that there was a proposal of creation of “Kishori Balika Mandal” in every village of that G.P.



INTERNATIONAL DAY FOR THE PERSONS WITH DISABILITIES



On dated 3rd December 2021 International Day for Persons with Disabilities was observed by SADBHABANA at Prayas Campus, Naranpur, Keonjhar. Programme inaugurated by Mr. Jagannath Mudi, District Social Security Officer, Keonjhar at 1p.m. Among others Mr. Bidhu Bhusan Pattanaik, President, Sadbhabana, Mr. Pramod Kumar Das, Programme Advisor of Sadbhabana and the staffs and students of MR

School are presented there. At the outset of the meeting Programme Advisor welcomed the Guests, Participants & Students of the School. In the meeting DSSO highlighted different Schemes of Govt. for PwDs and their procedures followed to avail the benefits. The importance of this day's observation was shared by the Programme Advisor. A cultural programme by our inmates staged with the clapping of audience.



Another Programme was organized by Sadbhabana at G.P. level at Nahabeda of Jhumpura Block at 12:30p.m. Similar workshop & meeting conducted at Arsala Grampanchayat office in the Presence of Panchayat Executive officer Mrs. Phulamani Naik. Around 30 parents with their Disable children are presented. Mr. Mahendra Kumar Sahoo, Mrs. Sushri Sangita Deo, Mr. Debasish Behera, Mrs. Damayanti Mahanta are presented there on behalf of Sadbhabana.



The aim and objectives of the day was briefly shared by Mrs. Sushri Sangita Deo. The different schemes entitled for Persons with Disabilities and how to avail and the procedure was shared by Mr. Mahendra Kumar Sahoo with the parents. Due to Covid-19 all the parents and other villagers are aware to ensure Covid vaccination as per provision of Govt.



INTERNATIONAL WOMEN'S DAY

On dated 8Th March 2022 International Women's Day has been celebrated in SADBHABANA Community Resource center of Jhumpura block in Keonjhar district. The program was organized by SADBHABANA where 60 women's are participated . Mrs.Malati Mahanta and Mrs.Tulasi Mahanta are presented there as Chief guest . The village SHG members, adolescent girls etc had actively participated in this programme.



The programme inaugurated by the guests by enlighting the candle in front of the photo of goddess Maa Tarini . After that a meeting was held where Ms. Sunita Mohanty shared about the activities carried out by SADBHABANA and the objective of celebrating the International Women's Day. Then she oriented



the participants on:

Women Empowerment: She said that it is high time that women should come forward to take leading in decision making in their families for the development of the family especially of girl children. Girls should be educated so that they can be independent in their lives. This can cause minimizing of women harassment and domestic violence enabling protecting women and children from all types of protection issues.

She also suggested the participants to be alert to address various child protection issues especially child labour, child marriage, abuse, exploitation etc. Further, she advised them to encourage the girl child to continue their education without any interruptions.

After that, music chair competition was conducted among the participants, especially among women. The objective behind this programme was to encourage the participants to aware, protect and promote girls and women's rights on the eve of International Women's Day observation, then the winners were given prizes at the end of this programme.

WORLD DOWN SYNDROME DAY

On dated 21st March 2022 the World Down Syndrome day was celebrated by SADBHABANA at its different wings i.e , SADBHABANA Special school for MR (PRAYAS Campus) , Therapeutic and Rehabilitation Centre and Gharaunda Centre ,Naranpur of Keonjhar District.



The World Down Syndrome day was celebrated by SADBHABANA on dated 21st March 2022 at SADBHABANA Gharaunda Centre, Naranpur,Keonjhar. A meeting was organized at our centre where 25 nos of parents are presented. Dr. Shradhanjali Paikaray Physiotherapist,Sushri Sangita Deo and Radhakanta Panigrahi Special Educators presented in that meeting . Dr. Shradhanjali Paikaray Physiotherapist of our Organization discussed about the sign & symptoms of the Down syndrome children. Sushri Sangita Deo discuss about how to identify these children. Radhakanta

Panigrahi told about the importance of celebration of this day.

The Theme of this year was “**Advocating for the rights of people with Down Syndrome** “.

If we accept these children whole heartedly , understand them fully & advocate for their Rights then we can able to develop their inner potentialities and enable them to lead their life with dignity .

After completion of the meeting our inmates participated in Drawing and Dance activities. Lastly chocolates are distributed among the inmates.



Award & Recognition

- During Covid-19 Pandemic Situation SADBHABANA got a honour by International Human Rights Federation.
- Our Physiotherapist Dr. Sradhanjali Paikaray achieved Corona Yoddha Saman by Rotary club Green, Keonjhar
- Our Inmates Liza Ojha & Team awarded in Jhoom India Jhoom of Shantidham Foundation in the year 2021 in virtual mode by performing Dance.
- Our 3 Special Educators Mahendra Kumar Sahoo, Sushri Sangita Deo & Kanhu Charan Pradhan Achieved National Builder Award-2021 by Rotary Club Green, Keonjhar.
- Our 6nos. boys (Piru Soren, Bulu Mahakud, Ramdas Murmu, Dukhabandhu Naik, Subash Mahakud & Gobinda Baskey) inmates & 4nos. girls (Shanti Dehury, Sima Naik, Para Dehury & Pinki Patra) inmates are awarded by Special Olympics Bharat in football 5- A side competition held on 2021 in virtual mode.



Visit of Dignitaries

- 14.04.2021- Nitin Kale, BRPL, Bhubaneswar, CSR Project
- 01.08.2021- Vasundhara Sahu, District Youth Officer, NYK, Keonjhar
- 19.08.2021- Dr. Sareeta Behera, Psychologist
- 11.10.2021- Anushaya Sahu, DSWO, Keonjhar
- 11.10.2021- Jagannath Mudi, DSSO, Keonjhar
- 11.10.2021- Gunakar Das, ADSWO, Keonjhar
- 11.10.2021- Suresh Kumar, Odisha Jharkhand Head, Goonj
- 03.11.2021- Jagannath Mudi, DSSO, Keonjhar
- 04.11.2021- Dr. Uttam Ojha, Member ,Central Advisory Board, Ministry of Social Justice & Empowerment of PwD Govt. of India
- 19.11.2021- Dr. Ashok Kumar Nayak, GDMO, DHH, Keonjhar
- 23.11.2021- Dr. Anil Kumar Panda, Orthopedic Doctor
- 08.12.2021- Dr. Lokanath Mahanta, Physiotherapist, ARC, Keonjhar
- 23.12.2021- Dr. Kirti & Team, ARC, Keonjhar
- 27.12.2021- Dr. Ashis Kumar, Board Member, National Trust, Govt. of India
- 07.01.2022- Dr. Sushanta Kar, MO MHT-2, RBSK
- 30.01.2022- Diptikant Mallick, DDM, NABARD, Keonjhar
- 01.02.2022- Rabindra Narayan Mahali, Lead District Manager, Keonjhar
- 01.02.2022- Pitabas Mahapatra, Bank of India, Keonjhar
- 08.03.2022- Prasad & Team, Selco India, Bangalore

1. NILAM BECAME AN EXAMPLE FOR THE ORGANIZATION Before

Nilam, aged 27 years, the eldest daughter of Mr. Bimbadhar Mahakud and Mrs. Padmini Mahakud have been residing in Haridagotha village of Keonjhar district having the condition of spastic Cerebral Palsy, quadriplegia. The financial condition of her family was very precarious as they belong to the BPL category and able to cook two meals a day after getting essential commodities like; rice, wheat etc under 'National Food Security Scheme'. Her father finds it very difficult to manage the five members' family including three grown up daughters by driving lorry and mother keeps herself busy in doing household chores.



Behind this backdrop, it is the destiny playing its role when her mother was pregnant for six months, she faced an accident in the form of electric shock and after one day of her birth Nilam had suffered from severe convulsion. Being failed to get adequate support and treatments by her parents, Nilam remained disabled since her child hood. The innocent child got dejections from her family members as well as from



the society for the reason which was not under her control. Apart from these drawbacks, she couldn't perform for ADL activities for which she has been dependent on her family. Due to financial barrenness they were unable to treat their child for her



betterment. Looking in to this situation, her family members were too much depressed in mental agony and had lost their hope to get her treated as well as expect Nilam can do her ADL activities normally.

During Intervention

When our organization (SADBHABANA) intervened, they started counselling her parents and assessed the child by the professionals. Nilam is a Spastic CP Quadriplegic child and her hands, legs and trunk have been affected. She was unable to move from one place to another and was totally dependent on others for everything in her day to day life. Even, she had no basic education at that time.



The physiotherapist of SADBHABANA provided treatment to Nilam like; stretching exercises, strengthening exercises, kneeling & half kneeling, quadrupod positioning & electrical stimulation for reduced spasticity or tightness, strengthen the muscle power, improve coordination and muscle strength at the door step of the child.

The special educators of SADBHABANA regularly move to the house of Nilam for special education like; enhancing Personal skill, Social skill, Academic skills, Occupational skills and

Recreational skills. Psychologist also counsel the child as well as her parents and community for acceptance of Nilam. Through occupational therapy her small muscles like-fine motor skill development, hand therapy, ADL activities, Range of motion exercises, coordination exercise and prevention of further deformities have been improved a lot.



Due to COVID-19 pandemic situation, the schools were closed since April 2020 to June 2020 and after that, in July the professional team has started their movement from our school to the beneficiaries' houses (different areas of KJR district). During this period of lock down and shut down when our children are at their homes, they are in very miserable condition. In this situation the problem behaviours of the children has increased, their health condition has deteriorated, muscles strength has decreased, tightness increased, children have forgotten most of the things learned in the school. In

order to mitigate these drawbacks, our physiotherapist and special educators regularly visit all the beneficiaries' houses including Nilam's house. Nilam has also provided Livelihood support for strengthening her financial condition and to enable her to make self dependent.

After Intervention

After six years of regular therapeutic & special educational interventions and uninterrupted effort from the professionals of SADBHABANA, Nilam is able to perform her ADL activities independently, her socialization skills are also developed, basic education like colour concept, number concept, addition, subtraction, multiplication table, identification and function of body parts, identification of fruits, vegetables, birds, animals, flowers, days of the week, months name etc. Now she became the part of disable SHG formed by our organisation which was sponsored by S.V.NIRTAAR, Olatpur, Cuttack.

Now she is able to make tea for her family, help her mother in cooking, washing her clothes and help in other works of her family.

Though Nilam is unable to walk and she can move from one place to another by using her knees, for which her knees were injured. To overcome this situation, SADBHABANA has supported her Anklets and cock up splint for maintaining her hand position. In order to maintain good health, every month medicine kits are given to Nilam including Vit-B, Vit-C and Multi vitamin (Zincovit) etc with the support of SADBHABANA.

According to Nilam's ability and interest, with support of SADBHABANA, Nilam has been able to open a small temporary shop near her house where she sells products like white phenyl, liquid dish wash, incense stick, nose mask etc as a result she is able to earn money for her family. Now the self esteemed girl Nilam has become more acceptable by her family and society.

Apart from the above said interventions, SADBHABANA has also been involved to improve the life standard of the family by way of linkages with various government schemes. Now Nilam says, "I feel privileged that, SADBHABANA has brought sea



changes in my life by physiotherapy as well as special education interventions for which I am able to do some works by myself without any body's help. So, I am very grateful to them.”

After intervention of our organization we are able to remove to social stigma in which the entire family was before. The superstitions & blind beliefs and community that disability is curse and they can't do anything in her/his life. After seen the achievements of Nilam, her family and communities change their views about this and believes that **“Disability is not a curse but it is a condition”**.

Now with the help of SADBHABANA Nilam is able to open a Permanent Variety Store near her House. Now her selling is more than before. The acceptance, love, care & respect of the Community became developed than before. Nilam & her family members are very much happy & thankful to SADBHABANA for this noble support.
